

# MANA ISLAND CHALLENGE 2010

Saturday 28 August, 2010

## Regatta Information

The inaugural Mana Island Challenge 2010 is being held by the **Porirua Canoe Kayak Club** in conjunction with the **Aniuwaru ki Porirua Waka Ama Ropu Inc.** waka ama club.

The regatta is a fundraising event for local Porirua paddlers who will be attending the 2010 Vaka Eiva race in Rarotonga.

For teams and individuals competing in this year's long distance national championship coming up later on this year this event presents an ideal build-up race!

Entries for the regatta are restricted to paddlers 18 years and over for the inaugural event. Depending on the success of the regatta this may become a regular feature on the waka ama marathon racing calendar.

Crews and individuals wanting to race in the Mana Island Challenge 2010 will need to provide their own waka. Teams wanting to participate are welcome to enquire with race organisers for contact details of local clubs who may wish to hire out their waka.

Prizes will be awarded to first place getters in each race category -

Prizes	
<b>W6 Men</b>	<b>1<sup>st</sup> Place</b>
<b>W6 Women</b>	<b>1<sup>st</sup> Place</b>
<b>W6 Mixed</b>	<b>1<sup>st</sup> Place</b>
<b>W2 Crew</b>	<b>1<sup>st</sup> Place</b>
<b>W1 Men</b>	<b>1<sup>st</sup> Place</b>
<b>W1 Women</b>	<b>1<sup>st</sup> Place</b>
<b>Surf-ski</b>	<b>1<sup>st</sup> Place</b>
<b>Kayak</b>	<b>1<sup>st</sup> Place</b>

There must be at least three crafts racing in each category in order for a prize in that category to be awarded.

**Cut off dates for registrations will be 14 August 2010**

Complimentary soup and coffee will be available for competitors throughout the day.

The meal and prize-giving will be held at the Titahi Bay Surf Lifesaving Clubroom. Showers and changing facilities will also be available at the Clubroom. A cash bar will be available during prize-giving – no EFTPOS available.

If the weather conditions are ideal then the races will be run from Titahi Bay, however a back-up course will be run from Onepoto as Wellington weather is renown for its unpredictability!!

If the race is run from Onepoto then we ask for patience and perseverance from paddlers attending as toilet facilities are about 100 metres from the site and there are no on-site shower facilities. The meal and prize-giving will still be held at the Titahi Bay Surf Lifesaving Clubroom which is about a five minute drive from Onepoto. Thank you in advance but fingers crossed that the weather will be awesome for us!!

Race organisers reserve the right to cancel the event if there is a lack of race entries. A cancellation notice will be listed on the NZ Waka Ama and Hoe Tonga Websites, and all registration fees paid will be refunded in full.

### **Mana Island Challenge Race Contacts:**

#### **Race Information:**

Turi Hodges – (04) 236 8804

E-mail: [turihodges@gmail.com](mailto:turihodges@gmail.com)

#### **Race Information:**

Mereana Hodges – (027) 206 4492

E-mail: [menahodges@gmail.com](mailto:menahodges@gmail.com)

#### **Registration Information:**

Tere Hodges-Tulepu – (04) 236-8532

E-mail: [hodges.tulepu@xtra.co.nz](mailto:hodges.tulepu@xtra.co.nz)

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## Programme

RACE DISTANCE	
W6 Mixed, Men and Women	20 km
W1/W2 Men, Women and Mixed Surf-skis and Kayaks	10 km

### PROGRAMME IS SUBJECT TO CHANGE DUE TO RACE ENTRIES AND RACE CONDITIONS

8:00 am	Registrations for W6 teams
8:30 am	Karakia
9.00 am	W6 Safety Check
9.05 am	Race Briefing <ul style="list-style-type: none"><li>• W6 Mixed and Women</li><li>• W6 Men</li></ul>
9:30 am	Race Start (running start)
12:00pm	Registrations for W1/W2 / Surf-ski / Kayak competitors
12.30pm	W1/W2 / Surf-ski / Kayak Safety Check
1.10pm	Race Briefing <ul style="list-style-type: none"><li>• W1/W2 Men and Mixed</li><li>• W1/W2 Women</li><li>• Surf-skis</li><li>• Kayaks</li></ul>
1.30pm	Race Start
3.30pm	Meal & Prize-giving

Meal and prize-giving will be held at the Titahi Bay Surf Lifesaving Clubroom.

\*cash bar open during prize-giving – no EFTPOS available\*

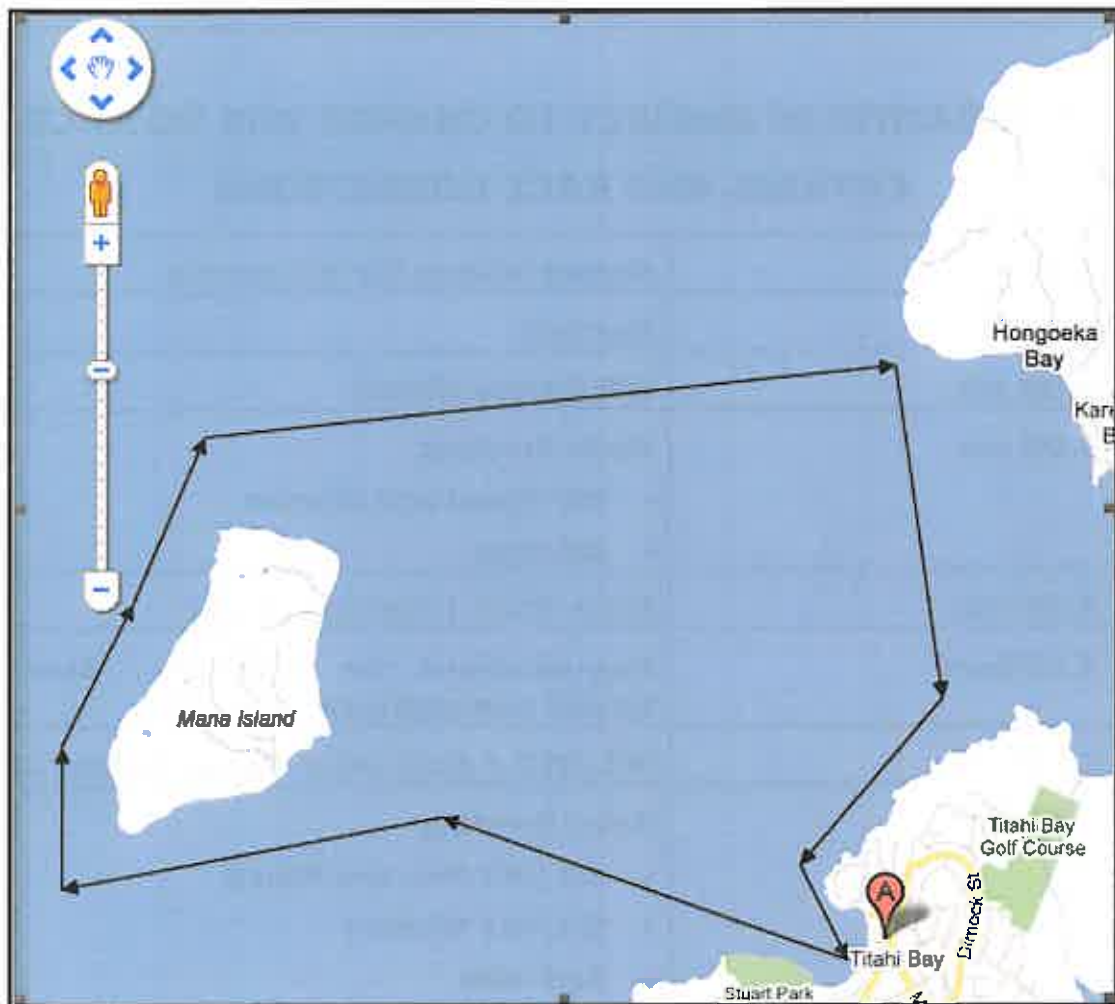
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## Course Information

Race organisers will decide on the day which courses will be run. The decision for which courses to run will be based on weather conditions and the ensured safety of race competitors.

**W6 Course Option 1: Titahi Bay Beach, around Mana Island, Hongoeka Point and return. – 20km**



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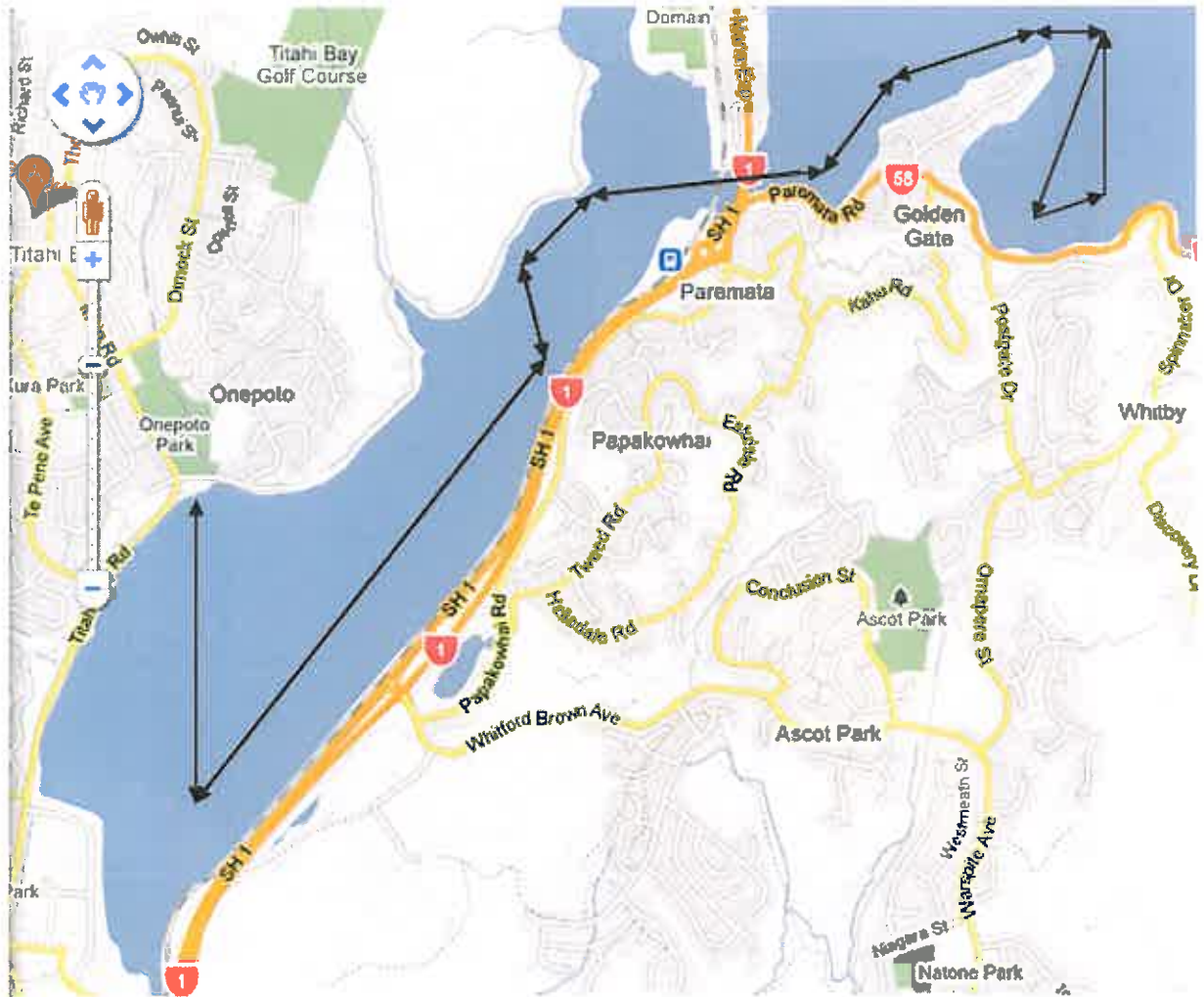
W1 Course Option 1: Titahi Bay Beach, to Mana Island and return – 10km



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## W6 Course Option 2: Onepoto, Browns Bay and return – 18km



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## W1 Course Option 2: Onepoto, Ivy Bay and return – 10km



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## Safety Rules

**All paddlers must comply with the NKOA safety rules and regulations as follows:**

### **W6 waka must:**

- be of a seaworthy design and construction
- carry adequate bailers (2)
- carry one flotation device per paddler (6)
- carry two spare paddles
- be fitted with spray-skirts
- have securely lashed kiato and ama (and extra lashings in case repairs are necessary)
- be fitted with an approved tow rope of 12mm x 25m minimum length. One end must be securely fitted to the front taumanu with the rest either in a bag or fastened to the front taumanu.

### **W1 / W2 waka must:**

- be of a seaworthy design and construction. Rudder is optional but recommended for open water / rough water.
- carry a bailer and be fitted with spray-skirts for waka with cockpits.
- carry a flotation device
- carry one spare paddle

### **Surf-skis must:**

- be of a seaworthy design and construction
- carry a flotation device

### **Kayaks must:**

- be of a seaworthy design and construction.
- be fitted with spray-skirts
- carry a flotation device

### **Paddlers / Crews must:**

- be capable of handling their craft in the expected conditions
- be able to swim and be comfortable in the expected conditions
- be trained in and capable of self rescue techniques e.g. righting a capsized waka or kayak
- have a degree of skill and fitness to enable them to finish the race in any conditions that might be expected
- must be dressed for the expected conditions

### **IMPORTANT NOTE:**

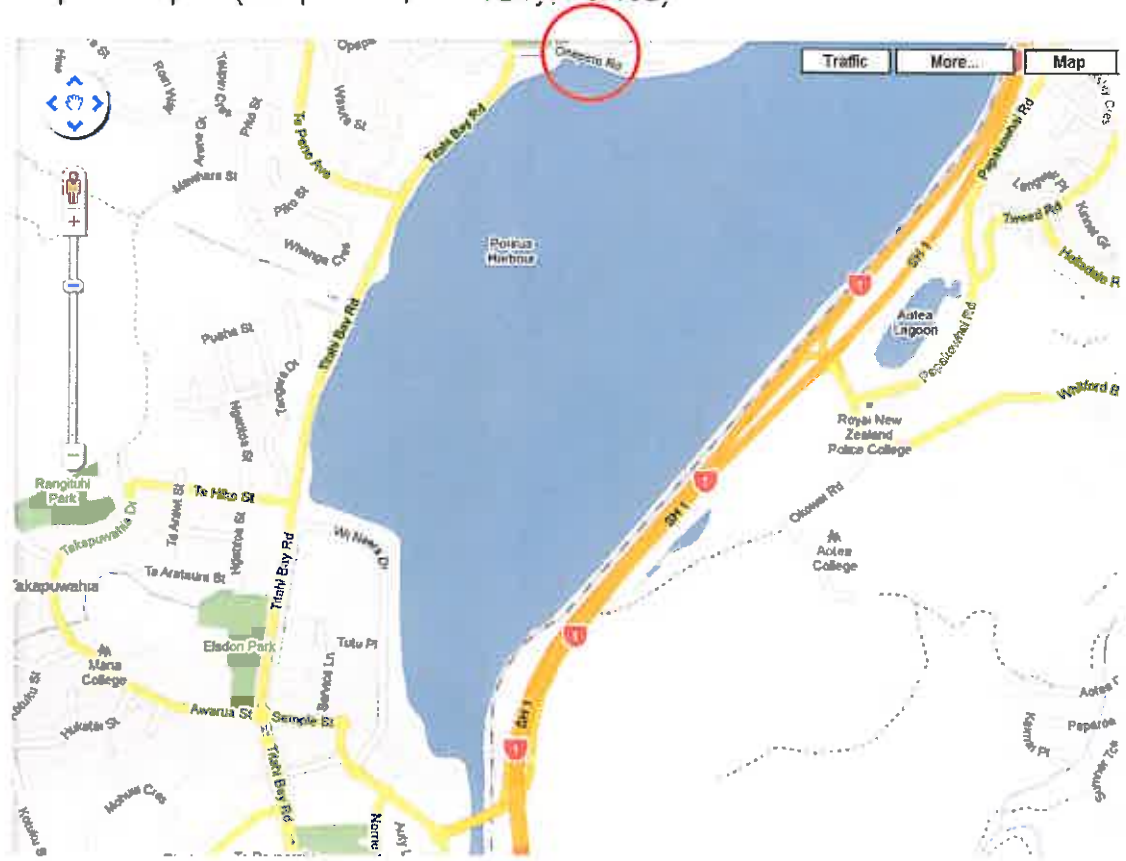
**The Race Director has the right during the course of the race to withdraw any team, if in his/her opinion, it is considered that the crew is in danger or is unlikely to be able to complete the race.**

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## Maps

Map to Onepoto (Onepoto Rd, Titahi Bay, Porirua)



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Map from Onepoto to the Titahi Bay Surf Lifesaving Clubroom (Beach Rd, Titahi Bay, Porirua)

